

Classroom activity "To protect your teeth"

Grade 4 Class ___ Name _____

Individual/Own goal (*Write specifically, including the place to be brushed, and numbers)

(Place to be brushed)

(How to brush)

◇ Reflection (by choosing one of ☉, ○, △)

☉ Every time, I brushed my teeth well with the goal in mind.

○ Once a day, I brushed my teeth well with the goal in mind.

△ I could not achieve the goal.

Day	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Date							
Evaluation							

◇ Reflection (What I worked hard and what I did well)

◇ Reflection, after second "teeth check with dyeing chemical"

◇ Feedback from teachers and friends

The worksheet has a column for students to write down their goals and reflections about brushing their teeth, as well as praise and encouragement from friends and teachers.