

Plan to power up your breakfast!

Name ()

The first half	My goal	Revise and modify, by listening friends' goals,
When		
How		
What to do		

~Let's review our own goal(s)~

I did better than I did before→☆ Excellent→◎ I did it ○ I couldn't do it →△

11th(Sat.)	12th(Sun.)	13th(Mon.)	14th(Tue.)	15th(Wed.)	16th(Thu.)	17th(Fri.)



The second half	My goal
When	
How	
what to do	

~Let's review our own goal(s)~

I did better than I did before→☆ Excellent→◎ I did it ○ I couldn't do it →△

18th(Sat.)	19th(Sun.)	20th(Mon.)	21st(Tue.)	22nd(Wed.)	23rd(Thu.)	24th(Fri.)

(Let's review the past two weeks)

(Comment from parents/guardian)

