2. Basic Teaching Process of Class Instruction (Summary) ¹

The basic teaching process, from preparation for class instruction to in-class and post-class activities, is as shown in the following table.

<Preparation for class instruction>

Description	Preparation by Teachers	Preparation by Children
	- To decide the theme of class	
Decision of	instruction according to the school's	
Theme	annual plan. (They could also deal	
	with any emerging problems.)	
Announcement	- To announce the theme to the	- To know the theme and raise
of Theme	children in advance. This makes the	awareness of the problem
of Theme	children aware of the problem	
	1. Preliminary survey	- To answer questionnaires and
	(questionnaires, interviews etc.)	interviews
	2. Creation and preparation of	- To work with the teacher in order
	materials	to raise awareness of the problem if
	[Examples]	it is possible for the children to
	- Aggregation of preliminary	participate in preparation works,
Class	surveys (shown in graphs and tables)	such as aggregation of the
Preparation	- Preparation of real objects, photos	preliminary survey,
Freparation	and videos, recordings, etc.	
	- Creation of teaching materials,	
	learning materials	
	- Preparation of a skit or short play	
	- Collection and preparation of	
	existing materials	
	3. Preparation of personal cards	

<Time for Special Activities>

Step	Activities by Teachers	Activities by Children
1. Grasp	- To demonstrate the title of the four steps of class instruction on the blackboard before class - To Write down the theme on the blackboard and start the class. At that time, to show the personal cards to be filled out in step 4 and give the children a prospect of the lesson. (They do not need to distribute the personal cards to the children).	- To understand the today's them and what they should do

¹ Refer to Teacher's Guide for Special Activities (Theory).

	To demonstrate the children what the challenges are, by using the materials and skits which have been created and prepared in advance. - To demonstrate materials and skits and have the children develop a deeper understanding by interacting with them about what they can understand. - To make the children aware that the problem is not a general problem but a problem that each child must solve on their own.	To recognize the task as their own challenge, not as someone else's. - By viewing the materials and skits to be presented by the teacher, to grasp what is their task.
2. Understand	To ask the children about the "cause" that may raise the problem and "necessity of solution", and make the children think about them through mutual discussion. - In this respect, the teacher will proceed with the discussion, but should devote	[Discussion] - As for the problems that have been grasped by the children in Step 1, to pursue "why they happen" and "why they must be solved".
	themselves to play a role of facilitator and will not impose on the children their own opinion - To summarize the opinions given by the children and write down them on the board - The teachers could demonstrate to the children additional materials as required.	To listen to their friends' opinions, come into contact with different ideas, look back on their own experiences, and come up with new ideas.
3. Find	To ask the children about the "solution" to the problem and make the children think about it through discussions - In this respect, the teacher will proceed with the discussion, but should devote themselves to play a role of facilitator and will not impose on the children their own opinion. - To summarize the opinions given by the children and write down them on the board - If necessary, the teacher could demonstrate additional materials or invite a guest teacher to impart new knowledge	[Discussion] - Based on what they understood in step 2, to find out "how to solve" the problem through mutual discussion. - To listen to their friends' opinions, come into contact with ideas that are different from their own, and find out solutions based on them.

4. Decide	To make each child decide on a solution on her own will and have her fill out the personal card. - The teacher should not instruct the children to "do this", but will give an advice so that they can make a decision which is right for the individual child	Each child decides her own specific personal goals by choosing the solution that is right for her from among the solutions which have been found out through the discussion in Step 3, or instead finding out a new solution. - To enter their personal goals in their personal cards in their own words
	- While listening to the children's presentations, to encourage them to achieve	- To present her personal goals to other children and
	their personal goals in the future.	encourage one another to achieve their personal goals in the future

^{*} The children's personal goals should be clear so as to evaluate whether they were achieved or not, so that they can be easily self-assessed later. If you set the numerical targets, it may become easier to understand the degree of achievement.

Bad examples of goals	Good examples of goals	Reasons
- No to eat snacks too much	- To initially take snacks on the	
	plate only as much as you can eat	It is clear whether
- To greet anyone politely and	- To greet anyone to his/her face	the goals have been
cheerfully	- To greet anyone with a smile	achieved or not.
- To get along well with friends	- Not to have a fight with friends	
- To get along well with friends	- To speak to 5 friends every day	The numerical
- To cooperate with friends	- To ask anyone of classmates once	targets have been
	a day, "Is there anything I can	set clearly.
	do?"	
- To study hard at home	- To study 30 minutes at home	
	every day	

<Instruction after time for special activities>

Description	Assistance by Teachers	Activities by Children
Practice of decision making	- To recognize the children working on their personal goals which they have decided - To praise, encourage, and advise the children so that they can achieve good results.	To make an effort to achieve the personal goals they have decided for about a week. - Make a self-assessment and record the results on their personal cards at the end of the day